

# February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>White</i> St Brigid of Kildare V. Comm. St Ignatius B & M	2 <i>White</i> PURIFICATION OF BVM–Candlemas Day Malachi 3:1-5 Lk 2:22-40	3 <i>Red</i> St Blaise B M	4	5 <i>Red</i> St Agatha VM 1 Cor 1:26-31 Mt 19:3-12	6
7 <i>Violet</i> Sexagesima Sun 2 Cor 11:19-33; 12:1-9 Lk 8:4-15	8	9 <i>White</i> St Cyril of Alexandria B C D 2 Tim 4:1-8 Mt 5:13-19	10 <i>White</i> St Scholastica V 2 Cor 10:17-11:3 Mt 25:1-13	11	12 <i>F &amp; A</i> 1 Tim 2:8-15 Mt 21:33-42	13
14 <i>Violet</i> Quinquagesima Sun 1 Cor 13:1-13 Lk 18:31-43	15	16	17 <i>Red F &amp; A</i> ASH WED Head of the Fast Joel 2:12-29 Mt 6:16-21	18 <i>F &amp; A</i> Isaiah 58:1-9 Mt 8:5-13	19 <i>F &amp; A</i> Isaiah 58:1-9 Mt 5:43-49; 6:1-4	20
21 <i>Red or Ashen</i> First Sun of Lent 2 Cor 6:1-10 Mt 4:1-11	22 <i>F &amp; A</i> Ezek 34:11-16 Mt 25:31-46	23 <i>F &amp; A</i> Isa 55:6-11 Mt 21:10-17	24 <i>F &amp; A</i> Ember Wed in Lent Exod 24:12-18 & Kings 19:3-8 Mt 12:38-50	25 <i>F &amp; A</i> Ezek 18:1-9 Mt 15:21-28	26 <i>F &amp; A</i> Ember Fri in Lent Ezek 18:20-28 Jn 5:1-15	27 <i>A</i> Ember Sat in Lent Deut 26:12-19; Deut 11:22-25; 2Mac 1:23-27; Wis 36:1-10 Dan 3:47-56; 1Th 5:14-23 Mt 17:1-9
28 <i>Red or Ashen</i> Second Sun of Lent 1 Thess 4:1-7 Mt 15:21-28			<i>On Sundays in Lent Red or Ashen or linen vestments are worn. Lenten Weekdays the color is Violet</i>	<i>Lent is a season of fasting and abstinence for all from age 13. Those who are seriously ill, aged or infirm are exempt</i>	<i>Abstinence means no flesh meat or poultry or foods made with animal products. Some extend this to include dairy as well.</i>	<i>Fast means no food is taken before the hour of None (3:00 PM) Those who are diabetic, ill or aged are exempt. Consult your priest.</i>